

## Recommendations

**Dr. Brendan Carr**  
**Director, Primary Care**  
**Capital District Health Authority**  
**Halifax, Nova Scotia**

*"I thought that your comments (and advice) were right on the money. What I really needed was your thinking on how to proceed. You've given that to me and it will shape how we move forward, at least to the extent that i can make it.*

*I don't think that anyone understands this organization as well as you do...have you ever thought of becoming the CEO of a major health care provider?"*

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**Liz Batstone**  
**Executive Director**  
**Discovery Centre**

*"Lesley Southwick-Trask has contributed immense leadership to several aspects of Discovery Centre's recent development, particularly in the areas of our Discovery Awards Program and in helping us to conceive a new and exciting vision for the future of our organization.*

*She brings not only a vast set of practical skills to any process she leads, but a deep intuitive understanding of what inspires and motivates people to set ambitious goals and ultimately to achieve them.*

*When it comes to leadership that combines the best of theory and practice, Lesley has few equals. She delivers!"*

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**Gaby Fortin**  
**Director General, Western and Northern Canada**  
**Parks Canada Agency**

*"Over the last year we have worked extensively with STP Consultants on organizational issues facing the Parks Canada Agency. We have been impressed by the quality of advice provided on:*

- issue analysis;*
- problem identification;*
- guidance of development of strategies;*
- constraints related to human behaviour in implementation;*
- timeliness on reporting and developing action plans.*

*Most of our work has been at the Senior Executive level, and what has been most impressive is the analysis of the complexity of human factors involved in*

*decision making and providing leadership. We are in the initial stage of difficult exercise, but we can already see the positive results in addressing leadership issues."*

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**Vivian Jennings**  
**Director, Rewards**  
**Aliant**

*"I have had the privilege to work with Lesley Southwick Trask for over the past 10 years, in her capacity as change agent, executive coach, planner, facilitator and overall business partner. Lesley has the ability to get to the issue, understand the circumstances and work through the appropriate interventions or business plans.*

*In particular, Lesley has been engaged by Aliant to lead a diverse team at the time of our merger, to develop the overall culture and vision for Aliant. She capably worked with this team, who came from each predecessor company, and developed with us the ability to get over differences and agree on our direction for Aliant's culture. Lesley has the ability to "push" the team as appropriate to get the performance required and the task completed.*

*Recently, when pulling together a new team which not only had internal but some external client relationships to effectively deal with, I knew who to call to work this through my team – Lesley Southwick-Trask. She has been my coach through this situation and also has effectively pulled the team together to address and get on with our plan.*

*I would highly recommend Lesley to work with executive teams and individual managers on planning, team interventions and organizational advisor."*